**Study program:** Special education and rehabilitation for persons with difficulties in mental development

**Type and level of studies:** Master academic studies

**Title of the subject:** Mental health in people with intellectual disabilities

**Lecturer:** Milačić-Vidojević R. Ivona

**Course status:** Elective course of the module

**ECTS:** 5

**Prerequisites:** none

**Aim:**
Understanding the bio-psycho-social and developmental needs of people with intellectual disability (ID), getting acquainted with processes which lead to healthy psychological development and assessing risk factors leading to mental illness, getting acquainted with methods of assessment, diagnosis and treatment.

**Outcomes:**
Students will gain knowledge of bio-psycho-social factors of mental health. They will be acquainted with methods of assessment, diagnosis and treatment of persons with ID who have mental health disorders. They will be able to contribute to cooperation in a multidisciplinary team that provides assistance to people with ID who have reported behavioral problems and mental illnesses.

**Content**

**Lectures:**
The concept of mental health, what are mental health problems, what are mental disorders, mental health and ID. Children and young people with ID and mental disorders. Adults with ID and mental disorders. Assessing and diagnosing mental illness in people with ID. Treating people with mental health issues. Mental health of individuals with autism spectrum disorders. Behavior disorders among people with ID. Offenders with ID. Mental health of women with ID. Specialized services for people with ID and mental disorders. Family support. Prevention of mental and behavioral disorders in people with ID. General principles and basic legal and ethical questions in people with ID. Quality of life in persons with ID. Burn-out syndrome among staff who work with persons having ID.

**Practical work:**
In the teaching centers, students will write short papers based on interviews with people with ID covering the concepts listed in the course contents.

**Literature:**


**Number of active classes per week**

<table>
<thead>
<tr>
<th>Lecture</th>
<th>2 hours weekly</th>
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<tbody>
<tr>
<td>Practical work</td>
<td>1 hour weekly</td>
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**Teaching methods:**
Lectures, practical work, discussion, multimedia presentation, internet

**Evaluation of knowledge (maximum score 100)**

<table>
<thead>
<tr>
<th>Pre obligations</th>
<th>Score</th>
<th>Final exam</th>
<th>Score</th>
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<tbody>
<tr>
<td>activites during the lectures</td>
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<td>written exam</td>
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<tr>
<td>practical teaching</td>
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<td>oral exam</td>
<td>70</td>
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<tr>
<td>midterm(s)</td>
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<tr>
<td>seminars</td>
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